

Proto Studio  
5333 Casgrain  
Tiohtià:ke / Montreal, QC  
Studio 1107 : 11<sup>th</sup> floor



## Moment Collectives Contact-Improvisation Pre-Summer Festival Montreal - JUNE 6-18

<b>20+</b> TEACHERS & ARTISTS	<b>12</b> DAYS OF PRACTICE	<b>24</b> WORKSHOPS	<b>2</b> MASTERCLASSES	<b>6</b> JAMS	<b>9</b> MORNING SHAKES	<b>3</b> PERFORMANCE EVENINGS	<b>1</b> PANEL
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### ARCS 2026 CREW A CONSTELLATION OF CI PRACTITIONERS SHARING THEIR DANCES

 <b>VALERIE SABBAH</b> FESTIVAL DIRECTOR TEACHER - ARTIST Tiohtià:ke / Montreal, Quebec	 <b>AVERY FITZGERALD</b> ORGANIZER TEACHER - ARTIST Iak'arjan / Victoria, B.C.	 <b>NICO COUTO</b> VOLUNTEER COORDINATOR TEACHER Tiohtià:ke / Montreal, Quebec	 <b>NATE CANCELA EDELL</b> CO-CURATOR TEACHER - ARTIST Tiohtià:ke / Montreal, Quebec	 <b>BENOÎT LACHAMBRE</b> TEACHER - ARTIST Tiohtià:ke / Montreal, Quebec	 <b>LALAINA RAVELOJAONA</b> TEACHER - ARTIST Tiohtià:ke / Montreal, Quebec	 <b>MEL SIROIS</b> TEACHER - ARTIST Tiohtià:ke / Montreal, Quebec	 <b>À CORPS CONSENTANTS</b> TEACHERS Tiohtià:ke / Montreal, Quebec
 <b>TANYA WILLIAMS</b> TEACHER - ARTIST Haldimand Tact, Kitchener, ON	 <b>SAULE IKIGAI</b> TEACHER - ARTIST Tiohtià:ke / Montreal, Quebec	 <b>CAM NOVAK</b> VIDEOGRAPHER TEACHER - ARTIST Tiohtià:ke / Montreal, Quebec	 <b>VINCENT-NICOLAS PROVENCHER</b> TEACHER - ARTIST Atikamekw Natio / Joliette, Quebec	 <b>ANDREA MUÑIZ</b> TEACHER - ARTIST Tiohtià:ke / Montreal, Quebec	 <b>KRISTEN LEWIS</b> TEACHER - ARTIST Kanata, Ontario	 <b>EMANUEL GUAY</b> TEACHER - ARTIST Tiohtià:ke / Montreal, Quebec	 <b>NIKU DHILLON</b> TEACHER - ARTIST Iak'arjan / Victoria, B.C.
 <b>SHANTHI MINOR</b> TEACHER - ARTIST Tiohtià:ke / Montreal, Quebec	 <b>ARASH KHAKPOUR</b> TEACHER - ARTIST Tehran, Coast Salish Territory / Vancouver, BC	 <b>NETA PELEG GINZBURG</b> TEACHER - ARTIST Jerusalem	 <b>JAMHOUSE COLLECTIVE</b> MUSIC ARTISTS Tiohtià:ke / Montreal, Quebec	 <b>EMMA ANDERS</b> TEACHER - ARTIST Tiohtià:ke / Montreal, Quebec	 <b>KIO.FLO</b> ARTIST Tiohtià:ke / Montreal, Quebec	 <b>ARIANA DUCLOS</b> ARTIST Tiohtià:ke / Montreal, Quebec	 <b>DENA DAVIDA</b> PANELMODERATOR Tiohtià:ke / Montreal, Quebec

### SCHEDULE AT A GLANCE

**SATURDAY JUNE 6 5:30 - 10:00 PM**

**AD VIVUM** FESTIVAL OPENING · EATZ PERFORMANCES · MUSIC JAM

Kio.Flo : **Matters of the Heart**  
Val Sabbah & Nate Cancela Edsell : **Wishes It Were Alive**  
Close Encounters Ensemble : **Out in the Wild**

Ariana Duclos : **Baroque Opera**  
Cam Novak : **Observations**  
Field Studies : **Scorebook**

MON : JUNE 8	TUES : JUNE 9	WED : JUNE 10	THURS : JUNE 11	FRI : JUNE 12
8:00 - 8:45 AM Morning Shake MEL SIROIS	8:00 - 8:45 AM Morning Shake MEL SIROIS	8:00 - 8:45 AM Morning Shake MEL SIROIS	8:00 - 8:45 AM Morning Shake MEL SIROIS	8:00 - 8:45 AM Morning Shake MEL SIROIS
9:30 AM - 12:30 PM Awakening the C.I. Body VALERIE SABBAH	9:30 AM - 12:30 PM The Power of Three AVERY FITZGERALD	9:30 AM - 12:30 PM Hover Craft TANYA WILLIAMS	9:30 AM - 12:30 PM Dancing What Is So TANYA WILLIAMS	9:30 AM - 12:30 PM From Floor to Partner ANDREA MUÑIZ
2:00 PM - 5:00 PM Parallel & Integrated Manifestations of Polymorphes BENOÎT LACHAMBRE	2:00 PM - 5:00 PM Consent-Based Contact Practice À CORPS CONSENTANTS	2:00 PM - 5:00 PM Observing / Dwelling / Owning / Deconstructing SAULE IKIGAI	2:00 PM - 5:00 PM Body Connections VINCENT-NICOLAS PROVENCHER	2:00 PM - 5:00 PM Law and Order : Exposing Unwritten CI Rules KRISTEN LEWIS
7:00 PM - 9:00 PM Echo-Location Focus Jam LALAINA RAVELOJAONA	7:00 PM - 9:00 PM Chosen-Mixity Jam À CORPS CONSENTANTS	7:00 PM - 9:00 PM Inversions & Arching in CI CAM NOVAK	7:00 PM - 10:00 PM DANSE ANIMA JAMHOUSE COLLECTIVE	6:30 PM - 9:30 PM Authentic Coexistence 1 LALAINA RAVELOJAONA EMANUEL GUAY

**SATURDAY JUNE 13**

10:00 AM - 1:00 PM  
Authentic Coexistence 2  
LALAINA RAVELOJAONA  
EMANUEL GUAY

2:30 PM - 5:30 PM  
Authentic Coexistence 3  
LALAINA RAVELOJAONA  
EMANUEL GUAY

**BOLD PERFORMANCES** 7:30 PM - 9:00 PM

LALAINA RAVELOJAONA & EMANUEL GUAY : **Inventory of Losses**  
ANDREA MUÑIZ : **Nude Character Shoe**  
VALERIE SABBAH : **Yemoja**  
KRISTEN LEWIS : **Untitled**

SUN : JUNE 14	MON : JUNE 15	TUES : JUNE 16	WED : JUNE 17	THURSDAY JUNE 18 : CLOSING DAY
10:00 AM - 12:30 PM Original Witness KRISTEN LEWIS	8:00 - 8:45 AM Morning Shake MEL SIROIS	8:00 - 8:45 AM Morning Shake MEL SIROIS	8:00 - 8:45 AM Morning Shake MEL SIROIS	8:00 - 8:45 AM Morning Shake MEL SIROIS
6:00 PM - 9:30 PM Pool Party Jam Off-site By registration only	9:30 AM - 12:30 PM Falling into Contact NIKU DHILLON	9:30 AM - 12:30 PM Thai Nervous System Reset SHANTHI MINOR & NICO COUTO	9:30 AM - 12:30 PM Lift, Light, Fly on Might 2 NETA PELEG GINZBURG	9:30 AM - 12:30 PM The Honest Dance NIKU DHILLON
	2:00 PM - 5:00 PM Gentle Pathways to Inversion NICO COUTO	2:00 PM - 5:00 PM Poetics and Power of Principles ARASH KHAKPOUR	2:00 PM - 5:00 PM Lift, Light, Fly on Might 3 NETA PELEG GINZBURG	2:00 PM - 5:00 PM Dimensions of Imagination ARASH KHAKPOUR
	7:00 PM - 9:00 PM Monday Focus Jam VALERIE SABBAH	7:30 PM - 9:30 PM Lift, Light, Fly on Might 1 NETA PELEG GINZBURG	6:30 PM - 8:30 PM Wednesday Jam 1881 St-André, Studio B	

**WHAT IS CONTACT IMPROVISATION?**  
FESTIVAL CLOSING · PANEL · PERFORMANCES · JAM

5:30 PM - 7:30 PM **PANEL** Moderated by Dena Davida  
7:30 PM - 8:00 PM **PERFORMANCES** Teachers & Artists  
8:30 PM - 10:00 PM **MUSIC CI JAM**

**JOIN THE FESTIVAL**

★ **Pathway 1 · FULL IMMERSION PASS**  
24 workshops · 9 Shakes · 3 jams · 3 performances · T-shirt  
\$526 Early Bird May 25-31  
\$626 Regular from June 1

★ **Pathway 2 · BUILD YOUR OWN FESTIVAL**  
Early Bird sliding scale until May 31 · Regular as of June 1  
Single Class \$25-\$30 / \$30-\$35 5-Class \$115-\$145 / \$125-\$155  
10-Class \$195-\$255 / \$205-\$275

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